



Lincolnshire Children's Services Early Help Offer

I. Introduction

This document outlines Lincolnshire's current Early Help Offer.

'For children who need additional help, every day matters. Academic research is consistent in underlining the damage to children from delaying intervention. The actions taken by professionals to meet the needs of these children as early as possible can be critical to their future'(1)

What is the Early Help Offer?

Lincolnshire's Early Help Offer identifies the need for help for children and families as soon as problems start to emerge, or when there is a strong likelihood that problems will emerge in the future.

The Early Help Offer is not just for very young children as problems may also emerge at any point throughout childhood and adolescence. The Early Help Offer includes universal and targeted services designed to reduce or prevent specific problems from escalating or becoming entrenched.

What makes up the Early Help Offer?

Our commitment to early help is central to our Children and Young People's Plan with Early help cutting across our four priority outcomes:

- Children and Young People are; Healthy and Safe
- Children and Young People; Develop to their potential in their early years and are ready for school
- Children and Young People; Learn and Achieve;
- Children and Young People are; Ready for Adult Life



What does the Early Help offer mean for families currently?

Crucially for parents, it is envisaged that, in time, the Early Help Offer will provide the 'front door' through which they and professionals access additional support at any level.

The critical features of an effective early help offer are:

- a multi-disciplinary approach that brings a range of professional skills and expertise to bear through a "Team Around The Child" approach
- a relationship with a trusted Lead Professional who can engage the child and their family, and coordinate the support needed from other agencies
- practice that empowers families and helps them to develop the capacity to resolve their own problems
- a holistic approach that addresses children's needs in the wider family context
- simple, streamlined referral and assessment processes.

Our early help offer recognises the crucial role that all family members – not just mothers and fathers, but step parents, grandparents, siblings and other extended family members and carers – play in influencing what children experience and achieve as well as the consequences when families are in difficulty.

Our early help offer takes into account reports and reviews by Frank Field, Dame Clare Tickell, Graham Allen and Marmot, with regards to the impact of growing up in poverty on child

outcomes, use of evidence based approaches and programmes, and the important focus on the early years given the increasing body of evidence around early attachment and baby brain development. (2, 3, 4, 5)

The new 'Working Together to Safeguard Children' guidance places an emphasis on the importance of early help in promoting the welfare of children, together with clear arrangements for collaboration, and we want to ensure that our early help offer reflects the ambitions of this guidance.

Our offer also takes into account key messages from Munro's review (6):

- preventative services will do more to reduce abuse and neglect than reactive services
- co-ordination of services is important to maximise efficiency
- within preventative services, there needs to be good mechanisms for helping people identify those children and young people who are suffering or likely to suffer harm from abuse and neglect and who need referral to children's social care

Central to our early help offer is the early identification of children and families who would benefit from early help and a co-ordinated early assessment and response to prevent abuse and neglect of children and young people, and improve outcomes for children and families as a whole.



2. Identifying children and families who would benefit from early help

Providing early help is more effective in promoting the welfare of children than reacting later. Early help means providing support as soon as a problem emerges, at any point in a child's life, from the foundation through to teenage years. (1)

The effectiveness of early identification is underpinned by professional responsibility both of the referring and of the receiving agency to ensure that if a family does not meet the thresholds for specific services, that action is taken to prevent the lower level needs escalating, whilst also being alert to identifying children who without support will not reach their full potential.

Our early help offer therefore puts the responsibility on all professionals to identify emerging problems and potential unmet needs for individual children and families, irrespective of the whether they are providing services to children or adults. The professionals working mainly in universal services are best placed to identify children or their families, who are at risk of poor outcomes. These will be in health services, such as health visitors, GPs and school nurses, or in Children's Centres, or in education provision at any age from early years onwards.

Alongside this is the use of local intelligence set out in the Joint Strategic Needs Assessment and data collated in respect of the Troubled Families Programme criteria that supports us to identify both groups of children and families that are more

likely to be in need of early support, but also in the case of Troubled Families the individual families in needs of early intervention approaches.

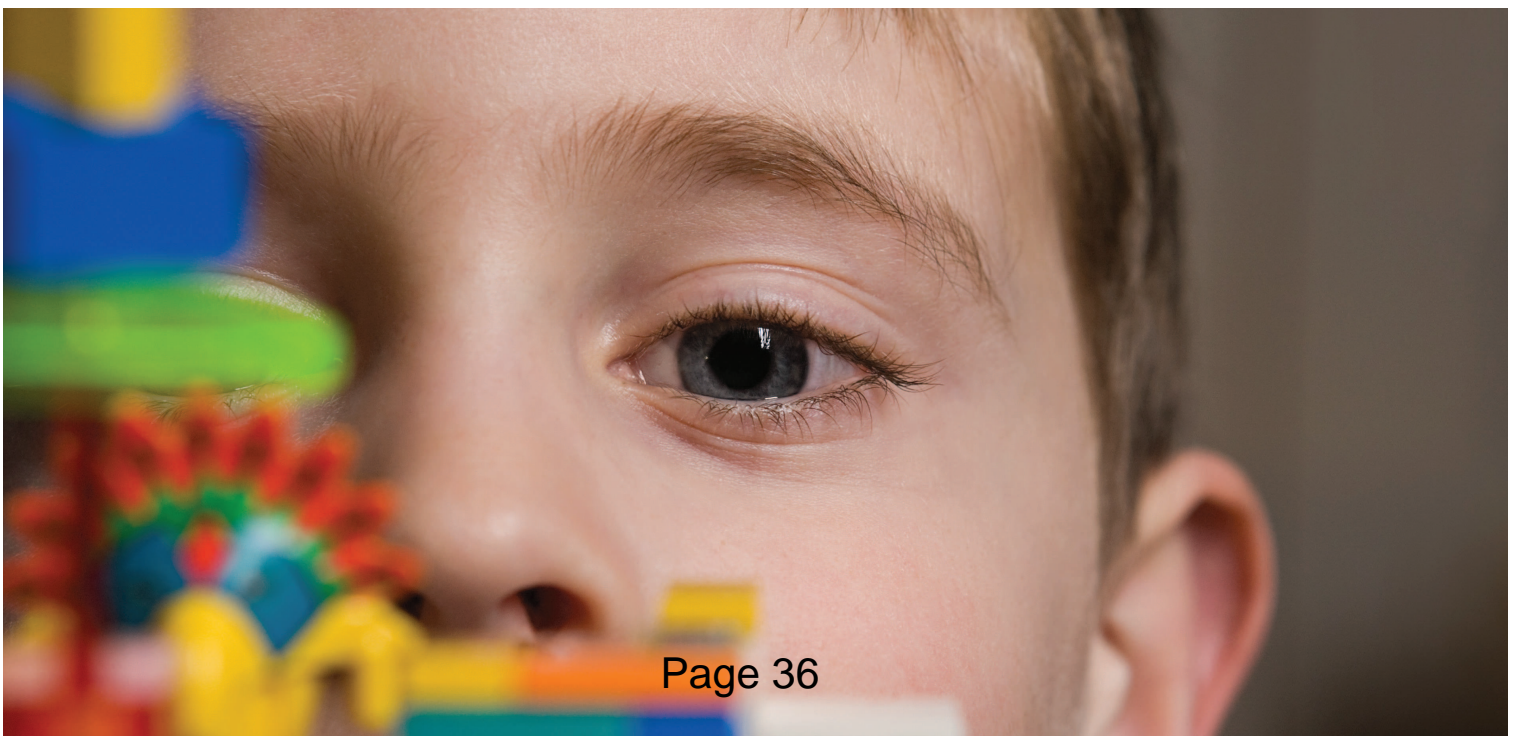
'Working together' recommends that professionals should, in particular, be alert to the potential need for early help for a child who:

- is disabled and has specific additional needs has special educational needs
- is a young carer
- is showing signs of engaging in anti-social or criminal behaviour
- is in a family circumstance presenting challenges for the child, such as substance abuse, adult mental health, domestic violence and / or
- is showing early signs of abuse and / or neglect and / or sexual exploitation

In relation to family circumstances, routine enquiry is developing in 0 - 19 health services in relation to domestic abuse and maternal mental health following childbirth and in Adult Social Care in relation to early identification of young carers. Munro states that in relation to family circumstances, whilst this may increase the risk of poor outcomes, this does not make harm inevitable.

Early help services are also integral to cases stepping down out of Children's Social Care services, and Troubled Families Support, to enable a lower level of help to be offered to reduce future need for high level support and statutory intervention.

This document should be read in conjunction with 'Meeting the Needs of Children in Lincolnshire,' which provides an overview of the continuum of needs and guidance on the key concepts and processes in working with children, young people and their families according to their needs.



3. Who can Access Support?

The provision of early help services should form part of a continuum of help and support to respond to the different levels of need of individual children and families. (1)

Children and family needs are constantly changing and at different times in their lives they will have differing levels of involvement from a range of services, from universal, targeted and specialist support services.

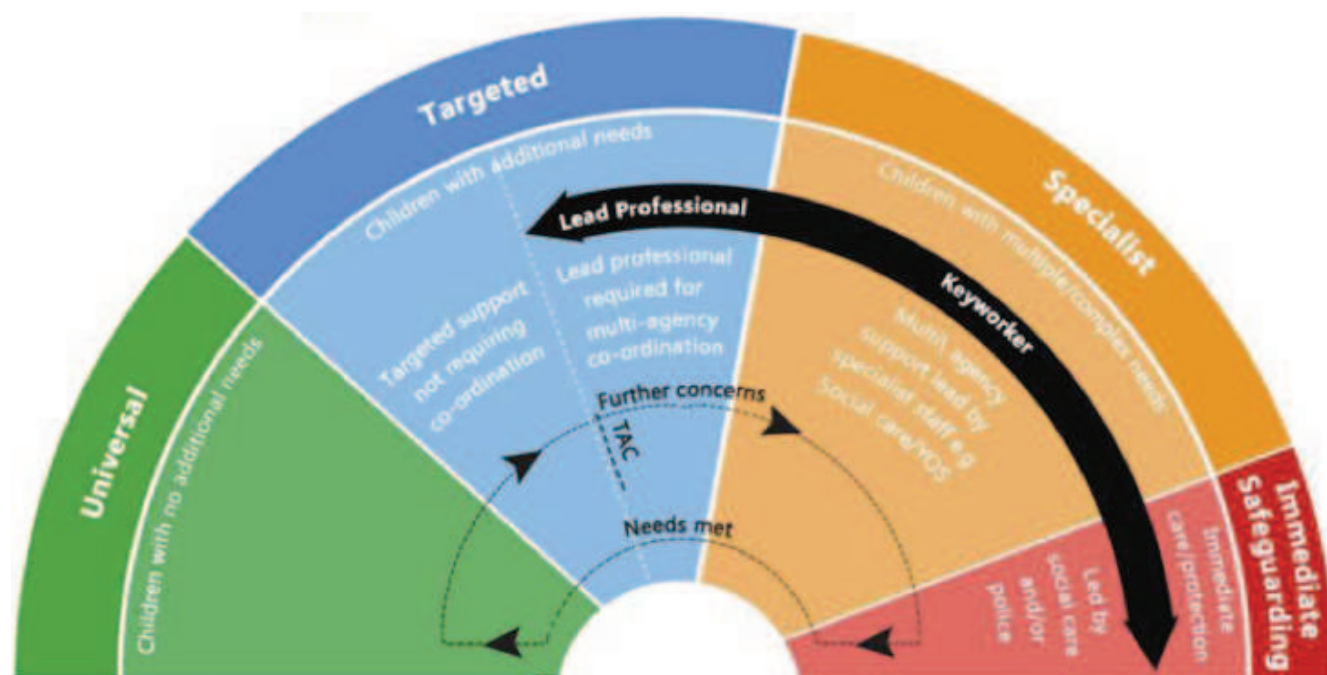
Universal services are available to all children, young people and families, working with families to promote positive outcomes for everyone, by providing access to education, health services and other positive activities. Practitioners working in these services should identify where children and families would benefit from extra help at an early stage.

Targeted services focus on children, young people and families who may need support either through a single service or through an integrated multi-agency response. They work with families where there are signs that without support a child may not achieve good outcomes and fulfil their potential. However targeted services are also critical in preventing escalation into specialist services, and will also assist with continuing lower level support once a higher level intervention has been completed.

Specialist services focus on families with individual or multiple complex needs, including where help has been requested through Section 17 and Section 47 or where a specific disability or condition is diagnosed.

What is important is that professionals work together effectively to ensure that families experience smooth transition between services and that all services supporting the family remain focused on the needs of the child.

It is also critical that all professionals remain aware of their responsibilities in relation to safeguarding and protecting children.



4. How to access early help

Local agencies should work together to put processes in place for the effective assessment of the needs of individual children who may benefit from early help services. (1)

To ensure that the best possible support is provided to children and families there needs to be an early assessment of need considering child's developmental needs, family and environmental factors and parenting capacity.

Locally this assessment is undertaken currently through usage of the Single Assessment (formerly CAF). For a full step by step guide for TAC please see www.lincolnshire.gov.uk/TAC

Working Together 2013 describes this assessment as an Early Help Assessment. We will move to use this title and language instead of the Single Assessment Framework in the near future following a review of the existing paperwork and processes.

In some cases a professional will be able to identify a specific need, but will not be in a position to provide appropriate locally sourced support. In this instance a TAC co-ordinator will work with the referrer to identify the appropriate help and support to access from a single agency.

Where the assessment identifies support needs that cannot be met by a single agency or service, there needs to be a co-ordinated response with local agencies working together to support the family. The Team around the Child (TAC) model is used locally to bring together a range of different practitioners from across the children and young people's workforce and sometimes from adult services to support an individual child or young person and their family. The members of the TAC develop and deliver a package of solution focused support to meet the needs identified through the Single Assessment (formerly CAF) with a lead professional identified to co-ordinate the support and act as the key point of contact for the family and professionals / services. Decisions about who should be the lead professional should be taken on a case by case basis and should be informed by the child and their family.

Working Together states that in order for an early assessment to be effective:

- the assessment should be undertaken with the agreement of the child and their parents/ carers. It should involve the child and family as well as all the professionals who are working with them
- if parents and/or the child do not consent to an early help assessment, then the lead professional should make a judgement as to whether, without help, the needs of the child will escalate. If so, a referral into local authority children's social care may be necessary



5. Our outcomes, performance and indicators

Our Early Help Offer is targeted at achieving our Priority Outcomes as set out in the Children and Young People’s Plan.

We will also identify tactical actions that will help us to achieve the Priority Outcomes. These will be prioritised in agreement with the Children and Young People’s Partnership. The table below illustrates how this will look. Each action may contribute to achieving more than one of the priority outcomes as indicated by the “x” under each outcome. In addition to the four priority outcomes we will also seek to make best use of the resources that are available.

Early Help (Tactical Actions)	Best use of Resources				
	Early Years and Ready for School	Learn and Achieve	Ready for Adult Life	Healthy & Safe	
Minimise the number of Pregnancies in Teenage years (Child & Family Health)	x		x	x	
Young Children & their families are in good Health (Child & Family Health)	x	x	x	x	x
Minimise Incidence of children born with Birth Defects, low birth rate or requiring neonatal care (Child Development)	x			x	x
Parents & Carers are able to give their child the best start in life (Aspiration & Parenting)	x			x	
Those most in need of support are engaged in appropriate services (Closing the gap)	x	x	x	x	x
Minimise the number of Children living in poverty (Health & Lifechances)	x	x	x	x	
Children develop to the level they should be at age 2 to 2.5 Years (Child Development)	x			x	
Children achieving a good level of development at age 5 (Children are “Ready for school”)	x	x		x	
Minimise un-planned or unauthorised absence from school		x		x	
Minimise exclusions from schools		x		x	x
Children & Young People receive good and outstanding Education & Training		x	x	x	
Children achieving a good level of development at age 11 (Children are “Ready” for secondary school)		x		x	
Young people achieve a high level of qualifications at school that enable them to go onto further education, employment or training		x	x	x	
Minimise child deaths	x		x	x	
Safeguard children from harm	x		x	x	
Minimise the number of children subject to child protection			x		
Health outcomes of LAC are maximised	x	x	x	x	
Minimise the number of children looked after				x	x
Health needs of care leavers are prioritised			x	x	
Narrow the attainment gap between children with SEN and others	x	x		x	
Childrens transition to adulthood is effective and Value For Money		x	x	x	x
Maximising the health of children with SEN		x		x	x
Prevalence of substance misuse is minimised	x	x	x	x	x
Minimise prevalence of young people involved in crime				x	x
Improve sexual health in young people aged 15-24					
Minimise the number of C&YP and families who are homeless			x		
Increase the number of young people in EET			x	x	x
Minimise the number of children who are obese	x		x	x	x
Children & Young People’s dental health is good	x	x	x	x	
Access to Universal Services is facilitated cost effectively	x	x	x	x	x
Stakeholders are satisfied with service provision (including Health Provision)	x	x	x	x	
Maximise the Emotional wellbeing of children, young people and their Families & Carers	x	x	x	x	
Minimise prevalence of self harm and suicide amongst children and young people		x	x	x	
Minimise number of avoidable hospital admissions for children and young people	x	x	x	x	x
Minimise the number of Children living in Troubled Families	x	x		x	x
Minimise the number of C&YP exposed to Domestic violence				x	

In terms of monitoring whether the outcomes have been achieved the Children and Young Peoples Partnership will agree a number of key performance indicators which will help

us to understand what impact our Early Help Offer is having. These key performance indicators are set out in the Children and Young Peoples Plan.

6. Our Early Help Offer

This section of the Early Help Offer contains a number of Templates that set out the Early Help Offer from Key Providers of Service in Lincolnshire. Each of these contributes to the Early Help Offer. Each Template also identifies the name of the lead organisation, who they are, what their Early Help Offer is, when it is available, when and how you can access it and contact details if you need more information.

The table below sets out a summary index of the Early Help Offer Descriptions. This also identifies Lead commissioner, whether supported by a pooled budget and the lead provider.

Early Help offer Description	Lead Commissioner	Pooled Budget (Yes/No)	Lead Provider
Teenage Pregnancy	LCC	No	Public Health
Midwifery	LCC	No	LCHS & ULHT
Health Visiting	LCC	No	LCHS
Early Years' Service	LCC	No	CfBT
Birth to Five Service	LCC	No	LCC Birth to Five Team
Speech & Language Therapy (SALT)	LCC	No	LCHS
Family Support	LCC	No	Family Action
Families Working Together	LCC	No	LCC FWT Team
Locality and FAST Teams	LCC	No	LCC Locality and FAST Teams
Looked After Children Team	LCC	No	LCC LAC Team
Young Carers and Young Adult Carers	LCC	No	Spurgeons
School Admissions	LCC	No	LCC School Admissions Team
Applied Psychology Service	LCC	No	LCC Applied Psychology Service
Education Welfare	LCC	No	LCC Education Welfare Team
Teaching and Learning Centre	LCC	No	Lincolnshire Teaching and Learning Centre
CAMHS (tier 2 and 3)	LCC/CCG	Yes	LPFT
Careers Guidance Service	LCC	No	LCC 14 - 19 Team
Leaving Care Service	LCC	No	Barnardo's
Youth Housing Support Team	LCC	Yes	Various
Early Support & Care Co-ordination	LCC	No	LCC CWD Team
Sensory Education and Support Service	LCC	No	LCC CWD Team
CWD - Crèches	LCC	No	KIDS
CWD - After School Clubs and Holiday Provision	LCC	No	Action for Children
CWD - Domiciliary Care	LCC	No	Action for Children
CWD - Short Breaks	LCC	No	Various
CWD - Community Activities	LCC	No	Action for Children
Post 16 Support for Learners with Learning Difficulties and Disabilities	LCC	No	Various

References

1. Working Together to Safeguard Children - A guide to inter-agency working to safeguard and promote the welfare of children (March 2013)
2. Allen, G. (2011), Early Intervention: the next steps
3. Tickell, C. (2010), The Early Years: Foundations for life, health and learning
4. Marmot, M. (2010), Fair Society, Healthy Lives
5. Field, F. (2010), The Foundation Years: preventing poor children becoming poor adults
6. Munro, E. (2011), The Munro Review of Child Protection: Final Report A child-centred system

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

United Lincolnshire Hospitals NHS Trust

Who are we?

United Lincolnshire NHS Trust: Maternity Services.

What is Our Early Help Offer?

- Early access to a midwife once pregnancy confirmed. Women are encouraged to access maternity services as early as possible in pregnancy, as the evidence suggests that early access to maternity services can improve outcomes for women and their babies
- Detailed risk assessment completed on all women at their first appointment with the midwife, any risks identified will trigger referral to appropriate agencies. Screening for mental, social and physical well-being of women during pregnancy via effective assessment tools, can help midwives identify vulnerable groups of women at higher risk of poor pregnancy outcomes.
- Teenagers (under 20 years) are identified by Community Midwives at the booking visit and referred (with consent) to access the YEP (Young Expectant Parents) courses.
- TAC meetings are initiated for all pregnant women who need extra support.
- Breast Feeding Support Groups run by Midwives with Health Visitors encourage Antenatal Women to attend.

Where and how can you access our Early Help Offer?

We offer a comprehensive range of antenatal and postnatal services at Lincoln County Hospital and Pilgrim Hospital, Boston, as well as a midwifery managed unit at Grantham and District Hospital.

- Midwives run antenatal clinics from various bases within the community including GP surgeries and children's centre
- Women self-refer, sign posted by GP's

When is our Early Help Offer available?

Our midwives and doctors provide 24 hour care during pregnancy, labour and after the birth. A Supervisor of Midwives is available 24 hours a day.

How can you contact us?

For further information about accessing our service please contact us at:

Telephone:

Lincoln Labour Ward	(01522) 573805
Boston Pilgrim Labour Ward	(01205) 445424
Grantham MMU	(01476) 464334
Lincoln Antenatal Assessment Centre (24 hours)	(01522) 573138
Pilgrim Antenatal Assessment unit (8.45am to 4.45pm)	(01205) 445144
Or: via GP Surgery	

E-mail:

customer@ulh.nhs.uk

Mobile:

N/A

Website:

www.ulh.nhs.uk

Social Media:

N/A

Address

Lincoln County Hospital
Greetwell Road
Lincoln
Lincolnshire
LN2 4AX

Boston Pilgrim Hospital
Sibsey Road
Boston
Lincolnshire
PE21 9QS

Grantham and District Hospital
101 Manthorpe Road
Grantham
Lincolnshire
NG31 8DG

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

Lincolnshire Community Health Services

Who are we?

Lincolnshire Community Health Services NHS Trust (LCHS) provide community healthcare services for the population of Lincolnshire, one of the largest healthcare communities in the country, covering an area of 2,350 square miles and a population of 723,000.

These services include:

- Community Hospitals,
- Urgent Care (i.e. Minor Injuries Units; Out of Hours; Walk-in Centres);
- Community Nursing Service;
- Health Visiting and School Nursing;
- Child Protection and Safeguarding Children Services;
- Specialist Services (i.e. Macmillan Palliative Care; Community response and Rehabilitation; Cardiac Rehabilitation; Continence Service; Diabetes; Heart Failure Service; Respiratory; Anticoagulation; Infection Control; Podiatry Service; Dental Services; Lymphoedema Service; Tissue Viability Service/ Wound Care; Tuberculosis Service; Research and Development)
- Therapy Services (i.e. Community Physiotherapy and Occupational Therapy; Assisted Discharge Stroke Service; Musculoskeletal Physiotherapy Service; Children's Therapy Services; Electronic Assistive Technology Service; Speech and Language Therapy)
- GP Practices
- Healthy Lifestyle Services (i.e. Sexual Health Service; Phoenix Stop Smoking Service; Superkids; Makig Every Contact Count; Bumps and Beyond)

Health Visitors are registered nurses with a specialist qualification in community health and health promotion for families with young children.

The Health Visitors lead a team of Nurses and Nursery Nurses whose skills compliment those of the Health Visitor.

As a team they aim to provide a family focused service which may be delivered in GP practices, Children's Centres or at home. Health Visitors can also provide support over the telephone. They work in partnership with other agencies, specifically health, education, social care and voluntary organisations, to support the wellbeing of families.

What is Our Early Help Offer?

If you have children under five years old, your health visitor or a member of the health visiting team will see you several times to talk about how you and your child are getting on. This may include:

- When you are over 25 weeks pregnant
- When your baby is 10 to 14 days old
- When your baby is 6 to 8 weeks old
- When your baby is 3 to 4 months old
- When your baby is 6 to 12 months old
- When your child is 2 to 2 and half years old.
- They can also help you to learn the skills you need so you can be the best parent you can.

Health Visitors can support all children and families through assessment and sign posting to other services where there are additional needs such as therapy programmes.

The Health Visiting Team hold local drop-in clinics where you can go for help, advice, and to get your child weighed if that is required.

Where and how can you access our Early Help Offer?

Referrals are taken from healthcare professionals, parents and carers, young people themselves and hospital staff.

Health visitor details are given prior to or at a child's primary birth visit.

When is our Early Help Offer available?

The Health Visiting Service is available Monday to Friday 9 to 5 throughout the year excluding bank holidays.

How can you contact us?

For further information about accessing our service please contact us at:

Telephone:	01529 220300
E-mail:	lchsecomms@lincs-chs.nhs.uk
Mobile:	N/A
Website:	www.lincolnshirecommunityhealthservices.nhs.uk
Social Media:	Twitter: @lincscommhealth. Facebook: facebook.com/LincsCommHealth
Address	Trust Headquarters: Bridge House Unit 16 The Point, Sleaford, Lincolnshire, NG34 8GG

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

CfBT Education Trust

Who are we?

CfBT Education Trust is a UK charity that exists to make a difference to the lives of learners throughout the world. Working with governments, schools and other partners, we strive to provide excellent education for all.

CfBT works in six key ways to provide outstanding, sustainable education solutions. In partnership with schools and governments as well as public and private partners, we transform the lives of learners for millions of children and young people worldwide.

Alongside delivering education services and consultancy on a global scale, CfBT also manages a portfolio of free schools and academies in England and owns an international family of independent schools. Any surpluses generated from our work are invested into our publicly available programme of educational research. Our research ensures our practice is evidence-based and supports our commitment to excellence in education.

In April 2013 we added Children's Centres to our portfolio, having been commissioned by Lincolnshire County Council to provide Early Years activities in its 46 Children's Centres.

What is Our Early Help Offer?

CfBT deliver a high quality, early learning service in all 46 of Lincolnshire's Children's Centres.

CfBT works with key stakeholders to achieve outcomes in the following areas:

- Child development
- School readiness
- Parental engagement
- Engagement of those families in greatest need

The aim of CfBT's work in Lincolnshire Children's Centres is to facilitate child development and ensure school readiness through the delivery of high quality early years activities, underpinned by Early Years Foundation Stage principles.

The Early Years service is predominantly aimed at children aged 0-5 and their families and focuses on the prime and specific areas of learning of the Early Years Foundation Stage. Activities are aimed at promoting each child's development in order that they can become confident and curious learners and are able to take full advantage of the learning opportunities presented to them at school. The service also ensures that parents and carers are respected as their child's first and main educators.

The service offers a level of flexibility in order to adapt to reflect local need and demand. Examples include working with older children in school holiday periods, supporting families at weekends and working with targeted, vulnerable groups.

Early Years Activities are available to support individual locality needs and are available at a range of venues supporting individual Children's Centre communities. These activities include:

- * Growing Talk Programme
- * Early Reading Sessions
- * Sensory Play
- * Yoga
- * Early Rhyme Sessions
- * Singing Activities
- * Talking & Listening Groups
- * Early Communication Skills activities
- * Baby Massage
- * Large Scale Play
- * Outdoor Play
- * Action-based sessions
- * Dance & Music Activities
- * Messy Play Activities
- * Stay & Play Activities
- * Exploration Activities
- * Family Cookery Sessions
- * Safety-based Activities

Where and how can you access our Early Help Offer?

CfBT's Early Years activities are delivered across Lincolnshire in its 46 Children's Centres and also in a number of outreach delivery locations. Details of the activities provided are available in each Children's Centre and are also advertised on the Lincolnshire County Council website www.lincolnshire.gov.uk

When is our Early Help Offer available?

CfBT Early Years services are available Monday – Friday, 48 weeks per year between the hours of 9am – 5pm. Where there is local need, services are occasionally delivered at evenings and weekends.

How can you contact us?

For further information about accessing our service please contact us at:

Telephone:	01522 553312
E-mail:	Lchallender@cfbt.com
Mobile:	07769724703
Website:	www.cfbt.com
Social Media:	N/A
Address	Myle Cross Centre Macaulay Drive St Giles Lincoln LN2 4EL

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

Birth To Five Service

Who are we?

The Birth to Five Service is an early intervention and support Service committed to working in partnership with all Early Years providers and professionals to achieve the highest standards of inclusive, quality early years provision for children and families. The Service seeks to provide a range of activities and services by working with all early years providers and the county's network of Children's Centres, which aim to improve parent and child attachment, child development, school readiness and the prevention of escalation to specialist services.

What is Our Early Help Offer?

The government's Early Help offer recognises that preventing problems or interventions as soon as they are identified is essential to support the development and achievement of children. Well targeted early intervention is likely to lead to better outcomes or improve a child's resilience against poor outcomes. It is therefore critical that all Early Years providers across Lincolnshire are supported and challenged to provide outstanding inclusive, quality provision for Lincolnshire's youngest children in order that they all achieve 'good' outcomes at the end of the Early Years Foundation Stage and have the necessary skills to enable them to achieve their potential throughout school and their adult life. This is a key focus of the work of the Early Years Consultants.

The Service provides the following services that contribute to the Early Help offer;

- Promoting and supporting the early identification of children aged 0-5 years with additional needs and disabilities in order to improve outcomes. This is implemented by working closely with SENCOs to ensure early identification and intervention for children and their families.
- Monitoring to ensure that effective early intervention and support for children and their families is provided in a timely manner. Support is given to settings to identify developmental delay in young children and provide additional support in a Children's Centre or an early years setting to help children catch up with their peers.
- Providing support and advice to promote school readiness and a smooth transition into school, seeking to ensure that all children are 'school ready' and in a position to learn and achieve in a school setting. The key focus of the work is on the delivery of early intervention and transition groups to promote school readiness.
- Ensuring access to sufficient high quality, inclusive early learning and childcare for all children and specifically those aged 3 and 4 years of age who are entitled to the free Early Years Entitlement (EYE). In addition to this, the Service supports the Local Authority's duty to ensure the 'Entitlement for Disadvantaged Two Year Olds' is delivered to the most vulnerable families within the county and the allocation of Supported Childcare funding to vulnerable families.
- Supporting settings to identify workforce development and providing programmes for continued professional development to enable the workforce to meet identified priorities for Early Help and for early intervention strategies.

Where and how can you access our Early Help Offer?

Services are available to all early years providers including early years settings, schools, childminders, Out of School clubs and within Children's Centres across Lincolnshire. Services can be accessed through the early years provision identified above, on request through the generic email address and through the Birth to Five Service website.

When is our Early Help Offer available?

Early Help offer is available week days throughout the year.

How can you contact us?

For further information about accessing our service please contact us at:

Telephone:	01522 552752
E-mail:	birthtofive@lincolnshire.gov.uk
Mobile:	N/A
Website:	www.birthtofive.org.uk
Social Media:	N/A
Address	Myle Cross Centre Macaulay Drive St Giles Lincoln LN2 4EL

Early Help

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- Therapy Services (i.e. Community Physiotherapy and Occupational Therapy; Assisted Discharge Stroke Service; Musculoskeletal Physiotherapy Service; Children's Therapy Services; Electronic Assistive Technology Service; Speech and Language Therapy)
- GP Practices
- Healthy Lifestyle Services (i.e. Sexual Health Service; Phoenix Stop Smoking Service; Superkids; Making Every Contact Count; Bumps and Beyond)

As part of the Lincolnshire Community Health Service, Children's Therapy Services provides specialist therapy for children between the ages of 0-19 to support children achieve their potential, providing a specialist assessment which enables a clinical diagnosis to be made. The child is then supported with the most effective services on offer. The service provides:

- The child and their carers with a specialist programme of care that promotes the development needed to acquire the skills to live as independent a life as possible and reach their maximum potential
- A specialist assessment of children with special educational needs and to advise and recommend the local educational authority on their management supported by the accompanying legal documentation
- Partnership working with education, social services and others to ensure that any therapy programme is fully integrated into the child's care
- Specialist telephone consultation offering advice and reassurance for those who need it
- Training for parents/carers and staff working with these children, in a variety of settings

What is Our Early Help Offer?

The Speech and Language Therapy (SALT) service is a community-based service, providing assessments and direction interventions with children, advice to parents, carers and other professionals; and the training of carers, professionals and others as appropriate.

Therapists provide assessment and therapy for a wide range of communication and feeding/ swallowing disorders for pre-school and school-aged children, including assessments for Statements of Special Educational Need.

They work closely with parents/ carers and liaise with other professionals as appropriate for example, health visitors, teachers, GP's, to give them all support, advice and information to help children become confident communicators.

Therapy may be offered as:

- Home Programmes
- Group Sessions
- Parent Groups
- Individual Sessions

Advice and information provided can include:

- General information (leaflets, drop-in sessions, advice sessions)
- Children's Centre Groups
- Visiting families at Home
- Training for practitioners on how to help children develop their communication skills
- Visits to early years settings

Where and how can you access our Early Help Offer?

Health Visitors, GP's, and teachers will be able to discuss any concerns you may have prior to referral.

Speech and Language Therapy accepts referrals from all sources including self-referral.

Locations of the Service:

- Mainstream Schools & Special Schools
- Preschools & Nurseries
- Children's Centres
- Clinics
- At Home
- Three language units attached to primary schools

When is our Early Help Offer available?

The service operates between the core hours of 9am to 5pm (Monday to Thursday), 9am to 4.30pm (Friday).

How can you contact us?

For further information about accessing our service please contact us at:

Telephone:	01522 514814
E-mail:	lchsecomms@lincs-chs.nhs.uk
Mobile:	N/A
Website:	www.lincolnshirecommunityhealthservices.nhs.uk
Social Media:	Twitter: @lincscmmhealth. Facebook: facebook.com/LincsCommHealth
Address	Child Health 92 Newland Lincoln Lincolnshire LN1 1YA

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

Family Action

Who are we?

Family Action has been a leading provider of services to disadvantaged and socially isolated families since its foundation in 1869. We work with over 45,000 children and families a year by providing practical, emotional and financial support through over 100 services based in communities across England. In Lincolnshire, Family Action provides a county wide family support service .

What is Our Early Help Offer?

Family Action provides family support interventions that have been identified following completion of a Single Assessment Form (SAF). The Family Support service proactively listens to, and promotes the voice of children and young people aged 0-19 years within a family unit and provides a range of practical support, mentoring, guidance and advice. Activities range from informal emotional support, advice and practical help to more structured parenting programmes aimed to develop confidence and self-esteem in parents and carers and/ or focus on behavioural change. Parents and Carers receive support and guidance regarding parenting strategies, behavior management, family routines, implementing and maintaining boundaries.

Where and how can you access our Early Help Offer?

Family Action provides a county wide family support service. The service is delivered to families in their own homes. To access the family support service:

1. Complete a SAF online, involving the whole family in the process, identify additional support needs, area of work required and desired outcome, and submit to: www.lincolnshire.gov.uk/singleassessment
2. OR complete a SAF and e mail the completed document to the locality TAC Co-ordinator. Guidance, documents and contact details for each locality TAC Co-ordinator are available from www.lincolnshirechildren.net
3. OR phone or e:mail Family Action directly for guidance and support

When is our Early Help Offer available?

Family Action provides a home based family support service, Monday - Friday, 52 weeks per year, excluding Bank Holidays. The service operates flexibly to meet the needs of families between 7.30am 8.30pm.

How can you contact us?

For further information about accessing our service please contact us at:

Telephone:

East Lindsey	01507 617767
Boston & South Holland	01205 362650
South Kesteven	01467 514635
Lincoln and North Kesteven	01522 690101
West Lindsey	01427 619519

E-mail:

eastlindsey@family-action.org.uk
westlindsey@family-action.org.uk
boston@family-action.org.uk
southholland@family-action.org.uk
southkesteven@family-action.org.uk
lincoln@family-action.org.uk
northkesteven@family-action.org.uk

Mobile:

N/A

Website:

www.family-action.org.uk

Social Media:

www.facebook.com/familyaction
[www.twitter@family_action](https://twitter.com/family_action)

Address

Family Action East Lindsey
32 Fairfield Enterprise Centre
Lincoln Way
LOUTH, LN11 0AW

Family Action South Kesteven
Totemic House, Springfield Business Park
GRANTHAM, NG31 7BG

Family Action West Lindsey
Mercury House, Willeroughton Drive
Foxby Lane Business Park
GAINSBOROUGH, DN21 1DY

Family Action Lincoln and North
Kesteven
2 Pioneer Way
Doddington Road
LINCOLN LN6 3DH

Family Action Boston and South Holland
Morgan House, Gilbert Drive
Endeavour Business Park
BOSTON, PE21 7TQ

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

Families Working Together

Who are we?

We are at the centre of Lincolnshire's response to the Government's Troubled Families Programme. The service is based within Lincolnshire County Council's Children's Services and includes frontline workers from partner organisations such as Lincolnshire Police and District Councils.

Dedicated Key Workers support families intensively over a long period of time to secure positive outcomes for families.

What is Our Early Help Offer?

The aim of Families Working Together is to address family problems in a joined-up way. This is done through a dedicated Key Worker.

The dedicated Key Worker does not simply tell the family what to do but works intensively with the families and helps to draw up a Family Action Plan that tackles the family's problems as a whole. Plans will include a number of incentives to reward positive behaviours as well as sanctions to discourage deviation. The Key Worker joins up services and brings partner agencies together to achieve the actions on the plan. Key Workers focus on improving family functioning and family resilience. They help support parents/ carers in developing their parenting skills, setting appropriate boundaries and routines to help children and young people improve educational attendance and attainment, as well as reducing youth crime and anti-social behaviour. The service also looks to support parents to (re)-enter or maintain paid employment. The service equips families with the practical tools to achieve tasks that lead to desired goals, and build up social capital to ensure change is sustainable. They provide practical tools to develop skills such as:

- How to budget;
- How to set boundaries for children;
- How to establish and maintain routines and positive behaviours; and
- How to manage relationships

Families Working Together has a positive impact on the family as a whole and this leads to improvements in other areas including:

- Reduced crime and anti-social behaviour
- Improved attendance of children in education
- Renewed focus on employment options and work readiness
- Reduced costs to statutory agencies through fewer family interventions

Where and how can you access our Early Help Offer?

Access to the service is through referral and only available to families who meet two of the following three criteria:

1. Households with one or more under 18-year old with a proven offence in the last 12 months AND/ OR households with one or more members involved in anti-social behaviour (ASB);
2. Households affected by truancy or exclusion from school where a child has been subject to three or more fixed term exclusions over three consecutive terms OR is in a Pupil Referral Unit or alternative provision because of exclusions OR is not on a school roll AND/ OR has had 15% or more unauthorised absence across three consecutive terms;
3. Households with an adult on out-of-work benefit

When is our Early Help Offer available?

Dedicated Key Workers build the support around the needs of the family, and therefore don't just operate in normal office hours. This is essential as, for example, they often will support parents or carers with early morning or bedtime routines to develop parenting skills or engage in activities with families at weekends.

Access to the central administration team is during normal office hours, Monday to Friday.

How can you contact us?

For further information about accessing our service please contact us at:

Telephone: 01522 552078

E-mail: fwt@lincolnshire.gov.uk

Mobile: N/A

Website: www.lincolnshire.gov.uk/fwt

Social Media: N/A

Address

2 Rauceby Terrace
Lincoln
LN1 1YL

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

Lincolnshire County Council, Children's Services Targeted Teams

Who are we?

The Targeted Teams aim to provide a targeted and integrated approach to offering services, which are flexible to meet the needs of children, young people and families within Lincolnshire.

We aim to support children, young people and families from the earliest possible point to reduce the risk of escalation and crisis. Lincolnshire has Children's Centres, Family Support Workers, Targeted Youth Workers and Youth and Community Development.

What is Our Early Help Offer?

Early help in the early years aims to ensure children are ready for school and responding early when families experience additional needs to prevent problems escalating. Early Help is offered through our Children's Centres working in partnership with other services including Health, Early Years Providers, Birth to Five and other commissioned services. It is offered in a range of ways including supported childcare; family learning; 2 year old funding; outreach support and home visiting; parenting courses; transport and crèches to support access to parenting and training; Team Around the Child (TAC); Midwifery clinics; Health Development Clinics; Speech and Language training for practitioners; Speech and Language courses for parents; Citizens Advice Bureau (CAB) service; Participation and Engagement Team who undertake initial home visits; volunteering opportunities; adult learning; KIDS crèche; ESCO.

Early help is also offered through Family Support by working with families together or individually with parents or children, learning together as a family, signposting to other services such as Citizens Advice Bureau or health services and supporting families before they go into crisis.

Early help is offered through Targeted Youth Support to ensure young people are ready for work and financially able to support themselves, that they keep healthy, engage in education, achieve and have clear pathways into further learning and are not involved in crime or at risk of exploitation either as perpetrators or victims.

Early help is offered through Youth and Community Development by ensuring young people positively engage with their community and local services.

Where and how can you access our Early Help Offer?

These services are offered across Lincolnshire through Children's Centres and outreach venues or one to one interventions in the home. Our Early Help offer can also be accessed through Early Years settings supported by Birth to Five. Services can be accessed universally through the Children's Centres or by assessment of need through FAST or TAC and supported by Family support.

When is our Early Help Offer available?

Services are available all year round, with some activities planned and delivered out of hours. Activities are promoted through diaries, word of mouth, through posters/flyers, through partners and workers.

How can you contact us?

For further information about accessing our service please contact us at:

Telephone:	Family Information Service 0800 195 1635
E-mail:	fis@lincolnshire.gov.uk
Mobile:	N/A
Website:	www.lincolnshire.gov.uk
Social Media:	Twitter: @LincolnshireCC Facebook: LincolnshireCC

Address

County Offices
Newland
Lincoln
LN1 1YL

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

Looked After Children Team

Who are we?

In Lincolnshire we are committed to making a difference with and for our Looked After Children. We have high aspirations and expect high achievement from our children and aim to promote and support the holistic needs of the Looked After population in Lincolnshire

We provide high quality and safe care within a range of care settings for children and young people who are unable to live within their own families.

We provide a range of carers and placements able to meet the emotional, physical, cultural, and religious and ethnicity needs of all the children looked after by Lincolnshire County Council. In addition a respite service for children with disabilities is available to support families via the Family Links scheme.

What is Our Early Help Offer?

Education is a vital component of care planning for Looked After Children alongside the planning for other aspects of a child's life such as their health and where they will live.

We have a dedicated Looked After Children's education service who champions the education of Looked After Children

One-to-one tuition is available to all Looked After Children from Key Stage 2.

All Looked After Children who have been looked after for six months are eligible for the Pupil Premium to support their educational attainment.

All school age Looked After Children will have a Personal Education Plan within 10 days of becoming looked after.

Looked After Children and young people share many of the same health risks and problems as their peers, but often to a greater degree.

Every child it looks after, regardless of where that child is placed, has his/her health needs fully assessed and a health plan drawn up which clearly sets out how health needs identified in the assessment will be addressed.

This includes intended outcomes, measurable objectives to achieve outcomes, actions needed, who will take them and by when. The health plan will be reviewed on a regular basis.

Where and how can you access our Early Help Offer?

The Looked After Service, including adoption and fostering, is a county wide service with bases in Lincoln, Sleaford and Louth.

If you are interested in becoming a foster carer or would like more information about adopting in Lincolnshire, our helpline is open Mondays to Fridays, 8am to 6pm on 0800 093 3099. Visit the website at www.lincolnshire.gov.uk/fostering.

If any member of the public or a professional is concerned about any child, they should contact the Customer Service Centre on 01522 782111 during office hours or the Emergency duty team on 01522 782333 out of hours.

When is our Early Help Offer available?

As above

How can you contact us?

For further information about accessing our service please contact us at:

Telephone:

01522 554499

E-mail:

N/A

Mobile:

N/A

Website:

www.lincolnshire.gov.uk/fostering

Social Media:

Fostering Lincolnshire facebook

Address

Orchard House
Orchard Street
Lincoln LN1 1BA

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

Spurgeons (Lincolnshire Young Carers Count)

Who are we?

We are a national charity that has been supporting children for over 145 years with an excellent track record in community-based services commissioned by local authorities. We currently deliver over 70 high-quality services reaching over 30,000 children and parent/ carers every year, working in partnership with 25 local authorities in England.

Our expertise and business activities span from prevention through to targeted and intensive support services for the most vulnerable children.

These include children's centres, targeted family support, targeted support for young people and targeted work with families affected by imprisonment.

What is Our Early Help Offer?

We work in partnership with other agencies to support young carers (up to the age of 25), according to their level of need, individually and within their families, to enable them to have the same life opportunities as their peers. We provide a range of support including the following:

- Days off to have fun with other children
- Group and holiday activities
- Information, advice and practical help for the family
- Information, advice and signposting to other services/ agencies where appropriate
- Access to educational support
- Training/ workshops to build skills and promote self-esteem, confidence and independence
- Befriending and Mentoring Support
- Transition Support
- One-to-one sessions with a trained Spurgeons worker
- Group work
- Activities
- Homework clubs and tutorials
- Newsletters, websites and social networking
- Online Support and Social Networking

Our support services include:

Targeted Family Support – Intensive Family Support; Challenge to Care Services; Family Intervention Projects; Troubled Families Programmes; Supervised Contact & Support for separated families; Evidence-based parenting programmes; Domestic Abuse interventions; Support women affected by sexual exploitation

Targeted Support for Young People – young carers; preventative & diversionary activities for young people; early help life coaching & mentoring young people; separation and loss bereavement counselling; targeted work with gangs; support for teenage parents

Targeted work with families affected by imprisonment – prison visitor centres; parenting programmes with imprisoned fathers; community-based family support for parents affected by imprisonment or offending; mentoring programmes for female offenders and resettlement work

The primary aims of this service is to:

- Promote and support the identification and assessment of as many young carers as possible across Lincolnshire
- To promote and improve the health and well-being of Lincolnshire Young Carers and Young Adult Carers and their families
- To reduce the number of Young Carers and Young Adult Carers undertaking inappropriate and harmful caring roles
- To ensure that all young carers are supported so that the quality of their own life does not suffer as a result of their caring responsibilities

Where and how can you access our Early Help Offer?

The service is for children, young people or adults up to the age of 25 who either provide significant sole care or support someone else within their family or household, who is suffering from a long-term illness, disability or through substance misuse or HIV/AIDs. The caring role may be practical, emotional or both.

Referrals to the service will be made by statutory services, voluntary and community groups or direct referrals from Young Carers or families.

These referrals can be made electronically, by telephone or in person.

Our staff team is located in Boston; however we deliver services all over the county of Lincolnshire, in family homes, community facilities and schools.

When is our Early Help Offer available?

We work all year round with the exception of bank holidays.

How can you contact us?

For further information about accessing our service please contact us at:

Telephone:	01205 331322
E-mail:	lincscarers@spurgeons.org
Mobile:	N/A
Website:	www.spurgeons.org
Social Media:	N/A

Address
Unit 4 1-2 Northend Swineshead Boston PE20 3LR

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

School Admissions Team

Who are we?

We are part of Lincolnshire County Council and we are the people who will be processing your child's school application.

What is Our Early Help Offer?

Schools have admissions policies in order to identify which children have priority for places if there are more applicants than places available.

The local authority is the admission authority for community and controlled schools. The schools use the Lincolnshire County Council admission policy. We have delegated decisions on who should be offered a place to governing bodies but they must do this in line with the County Council policy.

We are responsible for coordinating all admissions into Voluntary aided schools, foundation schools, free schools and academies and making sure that parents and carers receive information and an application form. We also make sure that the highest offer of a school place is given if more than one school tell us they can make an offer. The governors of these schools are responsible for setting their own admission policies. Each individual school can have its own separate admission policy.

You can find each school's admission policy on their website or you can contact them direct. It is important that you read the policies for the schools that you wish to apply to. Information is also available in our 'Going to School in Lincolnshire' publication. If you want your own copy please phone us.

Information and any questions regarding any aspect of the school admissions and appeals process and how to apply online can be provided by contacting us via phone or email.

Before completing your online application there are a few things you need to consider:

- Find out which schools are in your local area.
- Visit the schools you are considering. They will be able to provide you with valuable information and advice, and you can ask for their prospectus. They should provide you with details of how places were allocated for at least the previous year. This does not mean that the same will happen again but it serves as a guide.

Parental Preference - It is essential to rank your preferred schools in the order you would like them to be offered. You can make three preferences and we will offer one school.

Parental preference is still vitally important because, if more than one school let us know they can offer a place, we must offer the one ranked highest by you. So please think carefully about how you rank your preferences.

If you have any questions regarding home to school transport. Please contact the Transport Team on 01522 782020 or use their webpage at www.lincolnshire.gov.uk/schooltransport

Where and how can you access our Early Help Offer?

The best way to apply for a school place is online at: www.lincolnshire.gov.uk/schooladmissions

No internet access? Your local library may provide free internet access. Also schools and nurseries may be able to support you, please contact them directly to ask if they provide this service.

Alternatively you can make a telephone application or contact us for a paper form by phoning 01522 782030. If you use a paper form make sure you use the postcard receipt system, and keep the acknowledgement card as evidence.

When is our Early Help Offer available?

We work all year round with the exception of bank holidays.

How can you contact us?

For further information about accessing our service please contact us at:

Telephone: 01522 782030

E-mail: schooladmissions@lincolnshire.gov.uk

Mobile: N/A

Website: www.lincolnshire.gov.uk/schooladmissions

Social Media: N/A

Address

County Offices
Newland
Lincoln
LN1 1YL

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

Applied Psychology Service

Who are we?

Educational Psychologists in Lincolnshire are employed by Lincolnshire County Council to work with young people, teachers and parents to help them make the most of learning opportunities.

Educational Psychologists work with pupils, teachers and others in all state-funded primary and secondary schools. They visit these schools on a regular basis and plan their work with the school's Special Educational Needs Co-ordinator (SENCo), and/or Headteacher. Educational Psychologists also work with pre-school children and their families. We only become directly involved with a young person through the School or preschool SENCo, or via other preschool professionals such as Portage Workers or Community Paediatricians.

What is Our Early Help Offer?

Drop in sessions and/or bookable consultations

In some districts the Educational Psychologists organise 'drop in sessions' or 'bookable consultations' at a local school or Children's Centre. These usually occur on a monthly basis and give parents and carers an opportunity to book an appointment to discuss their concerns with an Educational Psychologist, even though their child is not known to us.

Telephone helpline

For those parents who are not able to access an educational psychologist, or who wish to talk through a particular issue around their child's development or educational progress, a telephone helpline is available. This is staffed by one of our Senior Educational Psychologists on a rota basis every Tuesday afternoon (including school holidays) from 1.30 until 4.00. Telephone 01522 554673 and ask for the helpline.

Where and how can you access our Early Help Offer?

Drop in sessions and/or bookable consultations

Contact the Specialist Teaching and Applied Psychology Service or your local Children's Centre to find out if these are offered in your area.

When is our Early Help Offer available?

Telephone Helpline

Tuesday afternoon from 1.30 until 4.00. Telephone 01522 554673 and ask for the helpline Please note this is an all year service, including school holidays.

How can you contact us?

For further information about accessing our service please contact us at:

Telephone:	01522 554673
E-mail:	Education_psychology@lincolnshire.gov.uk
Mobile:	N/A
Website:	www.lincolnshire.gov.uk/parents/family-support/the-specialist-teaching-and-applied-psychology-service
Social Media:	N/A
Address	Applied Psychology Service (STAPS), The Vicarage, Newland, Lincoln, LN1 1YQ

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

Education Welfare Services

Who are we?

The Education Welfare Services' team includes staff and expertise from Education Welfare Officers and Parent Support Advisors.

Working on behalf of Lincolnshire County Council (LCC) and managed by CfBT Education Services we recognise the importance of maintaining good levels of pupil attendance to ensure academic progress and best outcomes for children and young people in Lincolnshire.

What is Our Early Help Offer?

Education Welfare Officers and Parent Support Advisors offer a range of support to ensure children thrive and meet their potential, these include:

- Working with schools, parents and pupils to resolve issues including irregular school attendance or persistent absence, including 1:1 support at home and in school, negotiation and liaison between home and school and supporting integration, re-integration and transfer from primary to secondary school.
- Liaising with other professionals and agencies, both statutory and voluntary, to help achieve the best support and outcomes for children, young people and families.
- Delivering parenting programmes, workshops, drop-ins, support groups and 1:1 support to parents.

Where and how can you access our Early Help Offer?

Referral to Education Welfare Officers and Parent Support Advisors can only be made through your child's school.

In the first instance contact the Head Teacher of your school, who may then be able to refer you to this service for advice and support.

When is our Early Help Offer available?

Education Welfare Services are available on week days throughout the year.

How can you contact us?

For further information about accessing our service please contact us at:

Telephone:	01522 553621
E-mail:	N/A
Mobile:	N/A
Website:	www.lincolnshire.gov.uk/parents/schools/welfare
Social Media:	N/A
Address	Education Welfare Services Children's Services Lincolnshire County Council County Offices Newland Lincoln, LN1 1YQ

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

Lincolnshire Partnership Foundation Trust

Who are we?

We provide care and treatment for a local population of some 735,000 people. Treating all people with respect is at the heart of everything we do. We are focused on helping people towards recovery, as much as possible, in the community. We work closely with the local community to design and improve services, ensuring what we provide is best suited for you, your carers and your other family members.

We have nearly 2,000 members of staff across many disciplines of mental health and social care, who provide the best possible care and support for you.

The CAMHS team consists of:

- child psychiatrists
- clinical psychologists
- primary mental health workers
- learning disabilities
- nurse specialists
- self-harm specialists.

Other provision within the service include: forensic, learning disability, Looked After Children, and input into the Youth Offending Service. The team works closely with community paediatricians, GPs and hospital staff on paediatric wards.

What is Our Early Help Offer?

CAMHS provide services across the county as well as some specialist services in North East Lincolnshire. Based in community locations, the multi-disciplinary teams can help with a range of complex mental and emotional health issues, including: anxiety, depression, trauma, eating disorders and self harm.

CAMHS provides support and treatment where there are concerns about their mental health and/or psychological well-being, to do with:

- emotional health
- development
- physical health or disability (including learning disabilities)
- behaviour
- apparent onset of mental ill health.

The types of help that can be provided may include:

- family therapy
- individual therapy
- cognitive behavioural therapy
- solution focused brief therapy
- group work
- psychiatric intervention
- psychotherapeutic intervention
- counselling, and where necessary, medication.

Where and how can you access our Early Help Offer?

Referrals

Children and young people with serious mental illness, serious self harm and serious eating disorders will be seen as a priority and can be referred by one of the following professionals:

- GP
- Social worker
- Specialist youth offending service nurse
- Educational psychologists.

When is our Early Help Offer available?

We work all year round with the exception of bank holidays.

How can you contact us?

For further information about accessing our service please contact us at:

Telephone:	Community CAMHS teams Lincolnshire Boston - 0303 123 4000 Gainsborough - 01427 816562 Grantham - 0303 123 4000 Lincoln - 01522 535189	Louth - 0303 123 4000 Sleaford - 0303 123 4000 Spalding - 0303 123 4000 Looked After Children - 0303 123 4000 Learning disability team - 0303 123 4000
E-mail:	PALS@lpft.nhs.uk	
Mobile:	N/A	
Website:	www.lpft.nhs.uk/our-services/camhs	
Social Media:	N/A	
Address	Units 8 & 9 The Point Lions Way Sleaford, Lincs NG34 8GG	

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

CfBT - Careers Guidance Service

Who are we?

We are a provider of independent and impartial careers guidance services operating in two key areas:

- Provision of a commissioned service to providers of learning
- Providing a tracking and engagement service to young people who are not in learning to support them to engage in learning

In both areas we operate through the provision of Careers Information, Advice and Guidance with signposting and referral to other organisations where additional support is required

CfBT Careers Guidance Service, working in partnership with Lincolnshire County Council, helps young people make and manage their career decisions. We also support unemployed young people (16-18) moving into employment, education or training through the provision of Careers Information, Advice and Guidance Services.

What is Our Early Help Offer?

For young people who are of post statutory education age (with the focus being on those aged 16-18) we provide support and services including:

- Face to face careers guidance by qualified advisers
- Independent careers advice and information on options
- Help and support in applications for further education, higher education, employment and training apprenticeships
- Referrals and signposting to 6th forms, colleges and training and foundation learning providers
- CV and support on job search and interview techniques
- Labour market information
- Referral and signposting to other support agencies if appropriate – including volunteering and organisations offering positive activities

This help will focus on the identification of barriers that are preventing engagement in learning. Where these barriers require interventions other than careers guidance young people will be signposted or referred to other agencies. Through careers guidance the service will work with and support the young person until they progress into learning.

Where and how can you access our Early Help Offer?

Any young person (or agency on behalf of the young person) 16-18 can access the Careers guidance Service, that are:

- Not in education, employment or training
- In employment without any form of learning
- Attending a Solutions 4 site
- Elective Home Education/ Children missing from education

Young people not in the above groups and who require careers guidance support should refer to their provider of learning (e.g. school, academy, college, training provider) who have the responsibility to secure independent and impartial careers guidance for their students.

All referrals are made through our centrally operated customer contact number which is 01522 782116 which is run by the Customer Service Centre (CSC).

If eligible, a service a referral form will be sent to the service via e-mail and the client will be contacted within 5 working days.

The client's needs will be considered through the phone call by a "Duty" Careers Adviser who will determine the level of support required which may be:

- Provision of information
- Provision of advice over the phone
- Provision of guidance through a face to face interview with an adviser

If it is the later then during the phone call the client will be offered an appointment at a range of locations across the county at the most suitable time using pre-booked interview slots.

When is our Early Help Offer available?

CSC can be contacted Monday to Friday 09:00 to 17:00 to seek support.

The duty advisers operate every day 09:00 to 17:00.

Booked interviews are available across the county on the basis of demand.

How can you contact us?

For further information about accessing our service please contact us at:

Telephone:	Customer Service Centre 01522 782116
E-mail:	teeninfo@lincolnshire.gov.uk
Mobile:	N/A
Website:	www.teeninfoincs.co.uk
Social Media:	N/A

Address
Lincolnshire County Council County Offices Newland, Lincoln LN1 1YL

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

Barnardo's Lincolnshire - Leaving Care Service

Who are we?

Barnardo's is one of the UK's leading children's charities. Barnardo's works directly with over 200,000 children, young people and their families every year. Barnardo's run over 900 vital services across the UK, including leaving care services, counselling for children who have been abused, fostering and adoption services, vocational training and disability inclusion groups.

Every Barnardo's service is different, but each believes in the potential in every child and young person, no matter who they are, what they have done, or what they have been through.

What is Our Early Help Offer?

Barnardo's Leaving Care Service is commissioned by Lincolnshire County Council to deliver Leaving Care provision for any child or young person that is the responsibility of Lincolnshire County Council. This includes entitled young people that live outside the Lincolnshire Boundary.

The Leaving Care Service provides:

- Personal Advisers to provide information, advice, support and co-ordination of services with a focus on care-leavers who require additional specialist support
- Pathway planning, preparation and reviews which are completed with input from other agencies as appropriate
- Planning and arranging for Education, Employment and Training opportunities and preparation for care leavers to take up these opportunities
- Support to promote care leavers health and well-being access to healthcare services
- Preparation for care leavers transition to adulthood, including developing financial capability, accessing other agencies support and teaching life skills

The aims and objectives are:

- To help care leavers achieve their full potential as they transition to adulthood
- To ensure holistic, early and effective planning for care leavers and engage other services quickly so that any concerns are not allowed to escalate
- To ensure care leavers are living in suitable accommodation and are well prepared for independent living
- To ensure care leavers are in Education, Employment and Training and are able to financially support themselves without additional state benefits
- To ensure that care leavers needs with regards ethnicity, religion and culture are recognised and accommodated
- To ensure care leavers are good citizens and make a positive contribution to society

- To ensure care leavers are good parents and are supported in meeting their own children's needs
- To ensure early input and a smooth transition to adult services for care leavers that will need support in adulthood
- To advocate for care leavers with other stakeholders and improve the skills, knowledge and understanding of professionals working with care leavers; thus improving access for care leavers to other services
- To demonstrate that care leavers are satisfied with the care and support they receive
- To demonstrate best value service delivery

Where and how can you access our Early Help Offer?

Referrals are accepted from the following sources:

- Lincolnshire County Council's Social Workers within either Regulated Services or Family Assessment Support Teams (FAST)
- Care Leavers that have previously chosen to leave the service but at a later date, subject to entitlement, request for the service to be re-instated

Barnardo's have four Leaving Care Offices:

Lincoln Leaving Care Office
Rear Annexe
Lindum House
Sewell Road
LINCOLN, LN2 5RY
Telephone: 01522 575955

Peterborough Leaving Care Office
67 Broadway
PETERBOROUGH, PE1 1SY
Telephone 01733 569909

Sleaford Leaving Care Office
The Sessions House
1 Market Place
SLEAFORD, NG34 7SD
Telephone: 01529 309052

Louth Leaving Care Office
Unit 7, Meridian House
41 Eastgate
LOUTH, LN11 9NH
Telephone: 01507 607642

When is our Early Help Offer available?

9.00-17.00 Monday to Friday apart from Bank Holidays

How can you contact us?

For further information about accessing our service please contact us at:

Telephone:	See above
E-mail:	N/A
Mobile:	N/A
Website:	www.barnardos.org.uk
Social Media:	N/A

Address

Barnardo's Midlands
Brooklands, Great Cornbow
Halesowen
West Midlands
B63 3AB

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

Youth Housing Support Service

Who are we?

Children's Services and Housing Authorities are committed to working together to meet the needs of young people aged 16-25 across Lincolnshire and will support families to stay together where it is safe to do so.

Young people are the most vulnerable to homelessness across Lincolnshire due to difficulties in accessing suitable accommodation, and lack of service provision together with the need to develop skills to maintain a tenancy.

What is Our Early Help Offer?

Initial contact will be carried out by district housing teams. Many young people may simply want to apply onto the housing register or discuss what their options are.

Where this initial input has not resolved the young person's homelessness issues, they can be referred for additional support.

We are focussed on preventing homelessness and have a host of initiatives to achieve this including mediation, private rented sector access schemes and advice on housing rights, as well as providing advice on the following housing options:

- Supported accommodation – independent accommodation with professional support provided (usually in a hostel setting)
- Supported Lodgings – working in partnership with the young person, social worker and Leaving Care Team as appropriate, providers rent rooms in their own homes and give support and guidance to develop skills and confidence to live independently and meet that individual's needs. This could be cooking, budgeting or shopping economically or emotional support or both.
- Nightstop – emergency housing scheme in the home of a volunteer.
- Crashpad – available in an emergency and only for a short period to resolve an immediate crisis or until long term accommodation can be found.
- Social Housing – independent long term settled secure accommodation let by the Local Authority.
- Private rented accommodation – independent accommodation rented from a private landlord.

Where and how can you access our Early Help Offer?

All young people that are homeless or at risk of homelessness can approach the District Housing Teams in the first instance on the following numbers:

West Lindsey:	01427 676676	Lincoln City:	01522 873212
East Lindsey:	01507 601111	South Kesteven:	01476 406080
North Kesteven:	01529 414155	South Holland:	01775 761161
Boston:	01205 314555		

When is our Early Help Offer available?

If a young person approaches too late in the day or out of hours 1 night's accommodation (or across a weekend) is provided and full prevention work explored the next working day.

Where approaches are made Out of Hours to either Children's Services or Housing Options the Out of Hours Service will attempt to verify and prevent homelessness as far as practical. Where homelessness cannot be prevented that night the young person will need to be placed in emergency accommodation for 1 night and advised to contact Housing Teams first thing in the morning.

Lincolnshire Mediation are available Monday to Friday 9am to 2pm. Email a Referral Form to admin@lincs-mediation.co.uk or call on 01522 575700

How can you contact us?

For further information about accessing our service please contact us at:

Telephone:	As above	
E-mail:	Housingadvice@e-lindsey.gov.uk info@sholland.gov.uk housing.homeless@lincoln.gov.uk info@boston.gov.uk	Housingsolutions@southkesteven.gov.uk home.options@west-lindsey.gov.uk customer_service@n-kesteven.gov.uk
Mobile:	N/A	
Website:	www.e-lindsey.gov.uk www.southkesteven.gov.uk www.lincoln.gov.uk/housing www.west-lindsey.gov.uk/housing	www.n-kesteven.gov.uk www.sholland.gov.uk www.boston.gov.uk
Social Media:	Follow Lincolnshire Homeless Group Strategy on Facebook and Twitter at www.facebook.com/LHSG1 or @LHSG_Lincs	
Address	Myle Cross Centre Macaulay Drive St Giles Lincoln LN2 4EL	

Address

South Holland District Council
Council Offices, Priory Road
Spalding PE11 2XE

City of Lincoln Council
City Hall, Beaumont Fee,
Lincoln, LN1 1DF

North Kesteven District Council
Kesteven Street,
Sleaford, NG34 7EF

South Kesteven District Council
St. Peters Hill
Grantham, NG31 6PZ

West Lindsey District Council
Guildhall, Marshalls Yard,
Gainsborough DN21 2NA

Boston Borough Council
Municipal Buildings
West Street, Boston, PE21 8QR

East Lindsey District Council
Tedder Hall, Manby
Louth, LN11 8UP

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

ESCO: EARLY SUPPORT AND CARE COORDINATION / CHILDREN WITH DISABILITIES SERVICE

Who are we?

ESCO provides an early support scheme to co-ordinate the care for children and young people up to 18 years of age who have complex health needs, sensory needs and/or disabilities

Early Support is a way of working that aims to provide timely support and services for disabled children, young people and their families. Parents, carers and professionals work together to ensure families are kept at the heart of discussions and decision making about their child. Early support helps to identify children's needs early and responds in a way that makes sense to the family and helps them feel more in control.

What is Our Early Help Offer?

ESCO aims to provide better care coordination and information for families as early as possible to ensure all services are in place at the appropriate time to meet need and address concerns to ensure each child is able to maximise their development.

Early Support Care CO-ordination will provide a service to children, young people and their families where UNMET care coordination needs are present from any of the following:

- Long term complex health needs including those with disability and life limiting conditions/palliative care.
- Cognitive, sensory and/or physical impairments that significantly impact on daily living.
- Autistic Spectrum Disorder (Who have severe learning disabilities or behaviour which is challenging) OR those children and young people whose behaviour is associated with other impairments such as severe learning disabilities.

Where and how can you access our Early Help Offer?

ESCO offers two levels of service, a key working service and/or Drop-In Clinics:

Drop-In Clinics:

For many parents, having the opportunity to sit down with a skilled professional for a brief consultation can be all that is required to enable them to navigate the system of services and avenues of support. ESCO can offer a one hour session for parents at a Children's Centre near to their home or place of work at a time to suit them. Parents can book this directly with Lincolnshire's Customer Services Centre on 01522 782111.

Care- Coordination:

Some families and young people may benefit from care co-ordination and a multi-agency plan with a worker providing a single point of contact. This is likely to be required to enable the parent/young person to feel more in control over decisions affecting their lives or where the situation is more complex. Every family is different

and children's needs change as they grow older so care co-ordination may be needed at different times. To access care co-ordination parents should talk with a professional who they feel knows their family situation best and ask them to complete a Single Assessment Form (SAF). Following the receipt of the SAF a decision will be made to determine if ESCO can support the family's needs. If appropriate, a worker from the ESCO team will visit the family at home to explain more about care co-ordination and check that you are happy to proceed.

When is our Early Help Offer available?

All year round, Monday to Friday during normal office hours.

How can you contact us?

For further information about accessing our service please contact us at:

Telephone:	01522 552389
E-mail:	ESCO@lincolnshire.gov.uk
Mobile:	N/A
Website:	www.CWDSI.co.uk
Social Media:	N/A
Address	ESCO 9/11 The Avenue Lincolnshire County Council Lincoln LN1 1PA

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

Sensory Education and Support Service (SESS) / Children with Disabilities Service

Who are we?

The Sensory Education Support Service (SESS) is a countywide specialist teaching and support service, offering a comprehensive set of skills via an experienced staff group which covers all aspects of support for children with a sensory loss. Alongside vision and hearing loss support, the team also offers Multi-Sensory teaching and Mobility and Rehabilitation within Educational settings for children with a sight impairment. The team works from birth to school leaving age within school and Early Years settings and in the family home.

The Sensory Education and Support Service offers support and specialist teaching to children and young people with a sensory impairment and aims to ensure that young people with a sensory loss gain access to their educational environment and make progression in order to raise aspirations and maximise their development.

What is Our Early Help Offer?

The Sensory Education and Support Service team has extensive experience of working in homes, early year's settings and schools and can offer bespoke assistance to children from birth to school leaving age, ensuring consistent involvement throughout a child's education. Highly skilled qualified teachers in the Sensory Education and Support Service provide support to a significant number of children with a sensory impairment in Lincolnshire.

Support for Children and Young People

- Direct Teaching
- Communication support including British Sign Language, Braille teaching, Touch Typing and Auditory/ Oral teaching delivered by trained specialist teachers
- A dedicated Children's Education and Mobility Rehabilitation Officer for visually impaired children
- Specialist Early Years and School Years Teaching Assistants
- A Resource and Technical Officer for visually impaired children

Support for Teachers, Other Professionals and Parents/Carers

- Specialist assessment and analysis of sensory support needs
- Advice, guidance and help to parents/carers in delivering support strategies
- Training for teachers and support staff working directly with pupils with sensory support needs on using specialist equipment, developing appropriate teaching resources, and supporting and monitoring progress
- Advice on suitable cost effective equipment that will meet individual needs and aid access to learning. This includes loan of equipment
- On-going monitoring and maintenance of specialist equipment
- Advice on access arrangements and special considerations for external examinations
- Bespoke and general advice and training for Special Educational Needs Co-ordinators (SENCOs), Newly Qualified Teachers (NQTs), Governors and all other staff (individual or small groups).

*All Sensory Education and Support Service qualified teachers also hold a further mandatory qualification that ensures assessment and support quality is of a nationally recognised standard.

The aim of the service is to ensure young people with a sensory loss are able to gain complete access to their educational environment, ensuring progress and achievement of both their social and educational development. The specialist support given to young people, families and schools means they are able to enjoy and achieve great success.

Where and how can you access our Early Help Offer?

Children can be referred to the Sensory Education and Support Service by parents, health professionals, early year's settings and schools. Schools will need to obtain an initial assessment from a health professional and parental consent prior to referring a pupil to the service (unless the service is already in place). All referral forms can be obtained through SESS business support – 01522 553368

When is our Early Help Offer available?

SESS teaching support is available term time only although the Team Manager can be contacted Monday - Friday 8:30 am - 5:15 pm (4:45 pm on Fridays) all year round.

How can you contact us?

For further information about accessing our service please contact us at:

Telephone:	01522 553368
E-mail:	sess@lincolnshire.gov.uk
Mobile:	N/A
Website:	www.cwdsi.co.uk
Social Media:	N/A

Address
9/11 The Avenue Lincoln LN1 1PA

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

KIDS

Who are we?

KIDS is a charity which has pioneered a number of approaches and programmes for disabled children and young people. These include Home Learning (Portage), Parent Partnerships, Adventure Playgrounds and the inclusion of disabled children in mainstream settings.

KIDS have been commissioned by Lincolnshire County Council to deliver crèche facilities for disabled children and those with complex health needs (0-5 years) and their families across the county.

What is Our Early Help Offer?

The service is available for Lincolnshire children under 5 years of age who have significant disabilities and/ or complex health needs.

KIDS crèche sessions will bring parents and carers together with their pre-school children so that they can benefit from the advice and support of other parents, KIDS staff and other practitioners.

KIDS' Crèche staff offer emotional and practical support, including advice on how best to support the development of children through play, using specialist equipment and specialist toys, and to build the confidence of parents in their own abilities as primary educators. Parents and Carers receive a warm welcome to the crèche facilities and are invited to join the Parents' Support Hour at the beginning or end of the crèche sessions.

Led by the wishes and priorities of parents using the crèches, visiting speakers and professionals attend on a regular basis with the aim of sharing information about services, financial benefits, housing benefits and any developmentally specific needs. This helps to meet the needs of parents as carers by providing opportunities for training, celebrating what they do and meeting other parents. Parent's confidence is also increased and they feel they can leave children with other carers which enables them to access short break opportunities.

Each crèche offers a wide range of stimulating play and socialisation opportunities in a safe and structured environment through the provision of specialist equipment, toys and resources to meet the children's needs and experienced staff.

Sessions are planned to enable access to the Early Years Foundation Stage (EYFS) for all children using the crèche and records of achievement are developed for each child to evidence this. Sessions will focus on closing the attainment gap between children with additional needs and their peers and working towards as many children as possible being able to access mainstream provision, minimizing the need for statutory intervention. KIDS provide individual and group support to parents and carers of those children who have significant disabilities and/ or complex health needs as they begin to face the challenge of meeting their child's needs.

Where and how can you access our Early Help Offer?

There is an open referral to the Crèche Service to enable parents/ carers and professionals to contact KIDS directly.

There is also an open referral to the Early Support Parenting Workshops to enable parents/ carers and professionals to contact KIDS directly.

To make a referral contact KIDS' Area Manager – Ruth Smith.

Lincolnshire KIDS' Crèches are located at the following Children's Centres:

Birchwood	Lincoln City North	Gainsborough	Spalding
Holbeach	Stamford	Louth	Mablethorpe
Skegness	Boston	Sleaford	

When is our Early Help Offer available?

11 Crèche Services in Children's Centres across the 7 Districts for 46 weeks per year and delivery of the Early Support Parent Workshops.

Birchwood:	Wednesday and Friday mornings from 9.15 – 12.15
Lincoln City North:	Monday and Wednesday mornings from 9.15 – 12.15
Gainsborough:	Monday and Tuesday mornings from 9.15 – 12.15
Spalding:	Friday afternoons from 12.15 – 3.15
Holbeach:	Friday mornings from 9.15 – 12.15
Stamford:	Wednesdays from 12.15 – 3.15 and Saturdays from 10 – 1
Louth:	Saturdays from 10 - 1
Mablethorpe:	Thursdays from 9.15 – 12.15
Skegness:	Wednesday and Friday mornings from 9.15 – 12.15
Boston:	Tuesday and Wednesday mornings from 9.15 -12.15
Sleaford:	Mondays from 12.15 – 3.15 and Thursdays from 9.15 – 12.15

How can you contact us?

For further information about accessing our service please contact us at:

Telephone:	01522 542937
E-mail:	ruth.smith@kids.org.uk
Mobile:	07818 594256
Website:	www.kids.org.uk
Social Media:	N/A

Address

KIDS, Commerce House
Outer Circle Road
Lincoln
LN2 4HY

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

Action for Children - Disability Lincolnshire, After School Clubs and Holiday Provision.

Who are we?

Nationally - Action for Children is a UK children's charity committed to helping the most vulnerable and neglected children and young people break through injustice, deprivation and inequality, so they can achieve their full potential.

Locally – We have been delivering various services to disabled children, young people and their families in Lincolnshire since 1988.

What is Our Early Help Offer?

Our short break services really make a difference to children and young people who have multiple and complex disabilities, as well as Autism Spectrum Conditions and/or sensory impairments and their families.

Our goal is to ensure that disabled children and young people have the same opportunities in life as their non-disabled peers, by letting them decide what they want to do. Our approach is about being safe, inclusive, flexible and above all fun.

We know that families of disabled children experience high levels of stress and anxiety on a regular basis. Our short breaks provision can reduce family stress and prevent families from reaching crisis point. Enhancing emotional wellbeing, building resilience, improving life chances and giving choices.

In working together with parents and carers, and the young people themselves we aim to best meet their needs, which should ensure the highest achievable outcomes for all.

For many of these children and families, schools are environments that they are familiar with and feel comfortable and safe to use. Some of the children would like to attend clubs with their peers but for others; having a chance to do something fun in the nearest local school would be desirable. We work with families, schools and other organisations to offer a flexible service to families. This could mean that a child attends the after school club at the school they attend and attends a holiday club at a school in their nearest community.

We work closely with parents, children and schools to ensure appropriate support is available to help children and their families feel safe and secure.

Where and how can you access our Early Help Offer?

Our project office base is in the City of Lincoln; however we deliver services all over the county of Lincolnshire, in specific special schools, encouraging other local children to attend when they can.

Anyone can make a direct referral to any of our services, by telephoning or e-mailing the office.

Once a referral has been allocated to a co-ordinator they will contact the family to gather further information to see how they can meet the child/young persons and families needs.

When is our Early Help Offer available?

The after school clubs start immediately after the school day ends and run for one and a half hours during term time.

The holiday provision runs from 10 am till 3 pm twice a week, each week throughout the holidays. Children may be limited to one day each week, if the activities are defined for specific age's groups.

These sessions are on a first come first served basis, and are for children and young people aged between 5 and 18 years of age.

How can you contact us?

For further information about accessing our service please contact us at:

Telephone:	01522 546516
E-mail:	disabilitylincolnshire@actionforchildren.org.uk
Mobile:	N/A
Website:	www.actionforchildren.org.uk/disability-lincolnshire
Social Media:	Please contact us directly for these.
Address	Action for Children - Disability Lincolnshire Queen's Park Community Hub South Park Lincoln LN5 8EW

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

Action for Children - Disability Lincolnshire, Domiciliary Care

Who are we?

Nationally - Action for Children is a UK children's charity committed to helping the most vulnerable and neglected children and young people break through injustice, deprivation and inequality, so they can achieve their full potential.

Locally – We have been delivering various services to disabled children and their families in Lincolnshire since 1988.

What is Our Early Help Offer?

We provide a domiciliary care service to children and young people aged from birth and 18 years of age, covering the most complex needs and various disabilities; this includes personal care, assistance with feeding, medication and clinical interventions, play, stimulation and assistance with the child's homework if required.

In the mornings this support to the child and family enables children to be ready for their transport at the right time for school, and their learning, having a calmer start to the day and preventing unnecessary absences.

In the evening the support offered is usually to assist the family with meal times, bathing the children and preparing them for bed, allowing for a good night's rest and sleep in preparation for their next day.

The support gives the parents and carers time to prepare food and spend time with siblings, this in turn assists with the mental health of the whole family. We can also support parents to attend medical appointments and meetings where needed.

Where and how can you access our Early Help Offer?

Our project office is based in the City of Lincoln; however we deliver services all over the county of Lincolnshire, in the families homes.

Anyone can make a direct referral to any of our services, by telephoning or e-mailing the office.

Once a referral has been allocated to a co-ordinator they will contact the family to gather further information to see how they can meet the child and families needs.

When is our Early Help Offer available?

The service is offered all year round on a Monday to Friday basis, delivering support at the most stressful times of the day (before school and tea time to bed time).

We recognise that families need some private time. As there are usually more adults available at weekends or on Bank Holidays, we would not normally deliver care, unless a specific need has been identified and agreed.

How can you contact us?

For further information about accessing our service please contact us at:

Telephone:	01522 546516
E-mail:	disabilitylincolnshire@actionforchildren.org.uk
Mobile:	N/A
Website:	www.actionforchildren.org.uk/disability-lincolnshire
Social Media:	Please contact us directly for these.
Address	Action for Children - Disability Lincolnshire Queens Park Community Hub South Park Lincoln LN5 8EW

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

Lincolnshire County Council Short Breaks – non Social Care provision

Who are we?

The Short Breaks Team are a service within Children's Services that plan and develop, in consultation with young people and their families, the Short Break Activities in Lincolnshire including Short Break subsidised holidays for families to have a break together.

There are many services and teams who work in partnership to meet the needs of children and young people with a range of additional needs, including (but not restricted to):

- * Action for Young Carers
- * Action for Children
- * C4YP
- * ESCO
- * Carers Assessment
- * Children's Centres
- * Customer Service Centre
- * Children's Services (various)
- * Deaf Lincs
- * Movement2
- * KIDS Strut
- * Family Information Service
- * Occupational Therapy
- * Portage
- * Lincs Parent Carer Council
- * Parent Partnership
- * Short Breaks Team
- * Relate
- * Sensory Education Support Service
- * SILCS
- * Toy Libraries
- * Specialist Nurse Trainers
- * Speech & Language Team

Whilst the primary role is the care of children enjoying short breaks away from their families; care staff, area colleagues, schools and other agencies work together to maximise the benefits and opportunities of children and their families.

What is Our Early Help Offer?

The short breaks services have been designed to enable children, young people and their families to enjoy breaks together, as well as enabling young people to enjoy activities independently in their community.

Short breaks come in a variety of formats and each one can last from just a few hours to a few days depending on the type of provision and the needs of the child or young person.

This wider Short Breaks agenda aims to reach families before, or in the place of, feeling the need to ask for an Assessment of Need from Short Breaks Social Care.

Short Breaks tackles isolation, provides access to leisure facilities, develops friendship networks, promotes personal development and promotes happiness and well-being for the child, young person and their family.

Where and how can you access our Early Help Offer?

There is a wide variety of support that families can self-access – clubs, activities, subsidised holidays, counselling support, specialist nurse trainers, regular newsletters and information booklets.

All can be found on our website www.cwdsi.co.uk or

Email: shortbreaks@lincolnshire.gov.uk or Tel. 01522 553536

When is our Early Help Offer available?

The services can be accessed directly as a family chooses. Contact details of each provider is available as per above contacts.

How can you contact us?

For further information about accessing our service please contact us at:

Telephone: 01522 553536

E-mail: shortbreaks@lincolnshire.gov.uk

Mobile: N/A

Website: www.cwdsi.co.uk

Social Media: N/A

Address

Lincolnshire County Council
St. Giles Family Centre
Lamb Gardens
Lincoln
LN2 4EG

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

Action for Children - Disability Lincolnshire, Community Groups, Youth Groups and Buddying Service.

Who are we?

Nationally - Action for Children is a UK children's charity committed to helping the most vulnerable and neglected children and young people break through injustice, deprivation and inequality, so they can achieve their full potential.

Locally – We have been delivering various services to disabled children and their families in Lincolnshire since 1988.

What is Our Early Help Offer?

Our Short break services really make a difference to children and young people who have multiple and complex disabilities, as well as Autism Spectrum Conditions and/or sensory impairments and their families.

Our goal is to ensure that disabled children and young people have the same opportunities in life as their non-disabled peers. Our community and youth groups do just that, by helping children and young people to meet and make new friends whilst enjoying new opportunities and experiences in a safe and caring environment. We offer leisure clubs, provide assistance to access established community groups, ensure access to sufficient recreational activities and educational leisure time activities for the improvement of their personal and social development and create opportunities to socialise with their peer groups, develop friendships and build confidence and self-esteem.

We let children decide what they want to do and work with them to make their wishes a reality. The approach is about being inclusive, flexible and, above all fun.

We know from experience that families of disabled children are more likely to experience family breakup, but short breaks can reduce family stress and prevent families from reaching crisis point. It's about enhancing emotional wellbeing, building resilience and improving life chances.

Our buddying service offer families a more personal approach, as it supports the child/young person or parent/carer, for 12 hours over 12 weeks to meet mutually agreed aims and outcomes identified with the family. This service supports a child or young person with a disability to be able to access a more independent lifestyle, to improve personal self-confidence and build social skills.

Where and how can you access our Early Help Offer?

Our project office is based in the City of Lincoln; however we deliver services all over the county of Lincolnshire. Our community and youth group sessions are held in fixed locations in each district however the buddying service is arranged to be held wherever the support is required.

Anyone can make a direct referral to any of our services, by telephoning or e-mailing the office.

Once a referral has been allocated to a co-ordinator they will contact the family to gather further information to see how they can meet the child/young persons and families needs.

When is our Early Help Offer available?

Our short break services take place in the evenings and at weekends, as this is the time when children and young people are available to access them.

All the sessions are available throughout the whole year.

The community group sessions are aimed at children aged from 5 years of age plus, and the youth group sessions are aimed young people aged from 11 to 18 years of age.

How can you contact us?

For further information about accessing our service please contact us at:

Telephone:	01522 546516
E-mail:	disabilitylincolnshire@actionforchildren.org.uk
Mobile:	N/A
Website:	www.actionforchildren.org.uk/disability-lincolnshire
Social Media:	Please contact us directly for these.
Address	Action for Children - Disability Lincolnshire Queens Park Community Hub South Park Lincoln LN5 8EW

Early Help

Identifying the need for help for children and families as soon as problems start to emerge

Lincolnshire Children's Services Early Help Outcomes:

Organisation

Provision for post 16 Learners with Learning Difficulties and/or Disabilities

Who are we?

A range of providers offer support to meet the assessed education needs of young people with learning difficulties and/or disabilities. This support is for young people aged over 16 but under 25 who meet the eligibility criteria following an assessment.

What is Our Early Help Offer?

The local authority has a responsibility to ensure the equality of opportunity for education outcomes for children and young people with learning difficulties and/or disabilities. In order to ensure that young people with learning difficulties and/or disabilities have the opportunity to access education provision, Lincolnshire County Council provides top up funding to Colleges to ensure that young people have the support that meets their individual needs.

This means that young people with assessed needs can have support at College to help them to achieve their individual education outcomes. The range of support they receive will vary depending on their assessed needs and the types of course they are accessing. However it might include 1-2-1 work, support in the classroom from a learning assistant or support with communication needs.

Where and how can you access our Early Help Offer?

In order to access the service young people need to be aged over compulsory school age but under 25 and have an assessed need. Young people with learning difficulties and/or disabilities would ordinarily access the provision most local to their home. This is considered in accordance with the Lincolnshire County Council Transport policy.

The providers are located throughout Lincolnshire to ensure that young people can access services that are local to their home. Sometimes young people access services that are outside of Lincolnshire, where this meets the assessed needs of the young person.

When is our Early Help Offer available?

Most young people would be expected to begin a course, as per the academic year, starting in September and finishing in June/July, however there may be some exceptions to this.

The provision is normally only offered mid-week during College terms only. The exact terms dates and holiday times may vary depending on the individual College. The number of hours of contact time and number of days per week may vary between different providers and the types of provision or course the young people are accessing.

How can you contact us?

For further information about accessing our service please contact us at:

Telephone:	01522 552222
E-mail:	Customer_services@lincolnshire.gov.uk
Mobile:	N/A
Website:	www.lincolnshire.gov.uk
Social Media:	N/A
Address	9-11 The Avenue Lincoln LN1 1PA



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